



Membership Policy

SDSG Membership is open to any person who can benefit or is interested in furthering the objectives of our charity. Members include:

- People with physical, social or learning disabilities and their family members/carers.
- Individuals recovering from illness or injury; individuals wishing to participate for these reasons will be offered an initial 6-month membership and will be reviewed with the member after this date.

SDSG members join for a variety of reasons, including:

- To swim
- To swim after an accident or suffering a degenerative condition,
- To gain from the benefits obtained through exercise in water,
- To generally improve their quality of life, develop self-confidence and a sense of fulfilment and enjoyment.

Becoming a Member.

Membership of SDSG is free and allows an individual to participate in or attend SDSG swimming sessions and, if over 18 years of age, to vote at the Annual General Meeting of the charity. Any member who wishes is also entitled to stand as a Trustee of the Charity (as described in our constitution).

To join, an individual or their family member/carer will be required to complete and sign a membership form, which is available on request at swimming sessions or through our Group Coordinator. All details provided are totally confidential and will be maintained securely for SDSG's sole use.

Continuation of membership is dependent on acceptable, safe behaviour and regular attendance at our sessions. The following may result in termination of membership.

- Not attending in the past 18 months; Members who have not attended for 18 months will be removed from the register and their details destroyed; should they wish to rejoin at a later date, a new membership form and agreement will have to be completed.
- The member dies.
- The member resigns by written notice to the Trustees.
- The member is removed from membership by a resolution of the Trustees, for which a meeting will be held, and any results and reasons will be communicated effectively to the member in question.

Chairperson _____

Signed _____

Date _____