



Shepshed Dolphin Swimming Group

Providing exercise, pool activity and fun for those with a disability or need

Membership Policy

SDSG Membership is open to any person who can benefit or is interested in furthering the objectives of our charity. Members include:

- People with physical, social or learning disabilities and their family members/carers.
- Individuals who are recovering from illness or injury
- Volunteer helpers who wish to assist Group members both in the water and by other means.

SDSG members join for a variety of reasons including:

- To swim
- To swim after an accident or suffering a degenerative condition,
- To gain from the benefits obtained through exercise in water,
- To generally improve their quality of life, develop self-confidence and a sense of fulfilment and enjoyment.

Becoming a Member.

Membership of SDSG is free and allows an individual to participate in, or attend SDSG swimming sessions and if over 18 years of age, to a vote at the Annual General Meeting of the charity. Any member, who wishes, is also entitled to stand as a Trustee of the Charity (as described in our constitution).

To join, an individual or their family member/carer will be required to complete and sign a membership form which is available on request at swimming sessions or through our Administrator. All details provided are totally confidential and will be maintained in a secure way for SDSG's sole use.

Continuation of membership is dependent upon:

- An individual's attendance - not necessarily to swim - at swimming sessions (being expected to attend at least once within the previous 18 months, after this time the members details will be removed from our register and database and will have to complete a new form if wish to swim again);
- The member dies;
- They resign by written notice to the Trustees;
- Any sum due from the member to SDSG is not paid in full within six months of it falling due;
- The member is removed from membership by a resolution of the Trustees.

Chair.

Signed.

Date.